

Knoxville Youth Athletics (for "meet place standards" please see below)

2017 Summer Competitive Track and Field Time Qualifying Standards (marks set 6/26/16 – 6/10/17)

Sprints		Girls							Boys									
Age (min 7)	8 & U		9-10	11-12		13-14		15-16	17-18	8 & U		9-10	11-12		13-14		15-16	17-18
100m Dash	18.3		16.4	15.5		14.4		13.4	13.4	17.2		15.9	14.9		13.0		11.9	11.7
200m Dash	37.2		34.5	32.8		29.1		27.5	27.5	34.8		33.4	30.8		27.3		23.9	23.5
400m Dash	1:27		1:25	1:16.8		1:08.8		1:05.0	1:03.0	1:23.2		1:21.5	1:13.5		1:06		54.9	53.8
80m Hurdles				18.2									17.8					
100m Hurdles						20.1		18	17.7						18.6			
110m Hurdles																	18.4	17.4
200m Hurdles						36.8									32			
300m Hurdles								1:06.5	1:03.3								55.2	51.1
Distance		Girls							Boys									
Age (min 7)	8 & U		9-10	11-12		13-14		15-16	17-18	8 & U		9-10	11-12		13-14		15-16	17-18
800m	3:50		3:30	3:23		2:50		2:44	2:39	3:44.8		3:12	2:55		2:38		2:16	2:09
1500m			6:52	6:32		5:52		5:40	5:40			6:35	6:11		5:33		4:48	4:42
1600m			7:19	6:58		6:15		6:03	6:03			7:01	6:36		5:55		5:07	5:05
3000m				13:32		13:02		12:56	12:56				13:24		12:24		10:42	10:42
3200m				14:26		13:54		13:48	13:48				14:18		13:14		11:15	11:15
Jumps		Girls							Boys									
Age (min 7)	8 & U		9-10	11-12		13-14		15-16	17-18	8 & U		9-10	11-12		13-14		15-16	17-18
High Jump			3' 0"	3' 4"		3' 8"		4' 4"	4' 8"			3' 2"	3' 8"		4' 2"		5' 2"	5' 8"
Long Jump	6'10"		8' 11"	9' 6"		12' 9"		14' 4"	15' 2"	7'9"		9'7"	11' 5"		13' 0"		17' 9"	18' 9"
Triple Jump						26' 9"		29' 4"	29' 4"						29' 4"		35' 0"	37' 8"
Throws		Girls							Boys									
Age (min 7)	8 & U		9-10	11-12		13-14		15-16	17-18	8 & U		9-10	11-12		13-14		15-16	17-18
Shot Put (4 lbs)	11'									16'2"								
Shot Put (6 lbs)			13' 0"	16' 1"		23' 7"						13' 11"	16' 3"					
Shot Put (4 kg)								27' 9"	27' 9"						27' 10"			
Shot Put 12bs																	28' 4"	37' 9"
Discus Throw (1 kg)				40' 10"		53' 7"		79' 1"	74' 4"				38' 6"		70' 0"			
Discus Throw (1.6 kg)																	86' 4"	106' 4"

“Meet Place” Standards listed below

You may also qualify for the competitive team by virtue of your place of finish in the following Championship Meets

- Top 8 Finish in the Knox County Middle School Championship Meet – 5/1 and 4/2017
- Top 4 Finish in the TMSSAA Sectional Middle School Championship Meet – April 2017
- Top 8 finish at the Knox County Elementary School Elite Championships – 4/20/17
- Top 8 finish at the 2017 KIL Championships 5/2-3/17
- Top 8 Finish at the East Tennessee Middle School Elite Championships – 5/9/17
- Top 8 finish at a 2017 TSSAA High School Sectional Championships (regardless of division)
- Qualified for an individual event in the 2016 AAU National Outdoor Championships
- Qualified for an individual event in the 2017 AAU Indoor National Championships

*** Javelin / Hammer Throwers will be selected from Throwers on the team unless you threw the javelin/hammer in competition on the competitive team in 2016 or in Scholastic competition. ***

*** All pole vaulters please contact Shane Begnaud 865-406-3929 for specific information on the Pole Vault ***

*** All relays will be chosen from those who have qualified for the team in individual events ***