



2018 CAK Middle School Track Classic

In its 9th year, the CAK Middle School Track Classic is an outstanding early season opportunity for area Middle Schools to gauge their strength prior to entering the championship portion of their seasons

DATE: 4/16/18 – 5:00 PM / Coaches Meeting – Stadium Infield - 4:30 PM (4/18/18 Rain Date)

LOCATION: Christian Academy of Knoxville

ENTRY LIMITS:

(3) Athletes per team per event limit. There will be a (1) relay team per team limit. Three (3) events total per athlete limit – relays included

MEET SCHEDULE

Printed on back side of flyer

AWARDS

TOP 3 INDIVIDUALS RECEIVE MEDALS

TOP 3 TEAMS RECEIVE PLAQUES – team scoring (10,8,6,5,4,3,2,1)

ADMISSION \$3 ADULTS, STUDENTS FREE - COMPLETE CONCESSIONS STAND

T-SHIRTS Commemorative T-Shirts on Sale at the meet while supplies last - \$15.00

TIMING – ALL TIMES F.A.T. (fully automatic timing). Complete results online for all athletes. Results to be posted on www.knoxvilleyouthathletics.org

TO ENTER: ONLINE ONLY VIA THE FOLLOWING LINK - \$10.00 per individual (\$80.00 max per team – both genders) ENTRY DEADLINE 4/14/18 (MIDNIGHT): <http://knoxvilleyouthathletics.org/cak-ky-track-classic/>

FURTHER INFORMATION CONTACT: Chris Kane: chris.kane010@gmail.com / 865-385-6237

TIME	EVENT	G-B	EVENT NOTES
FIELD			Minimum Measure Marks (MMM) listed below (will be in affect after the first legal attempt)
4:30 PM	Coaches MTG		Infield
5:00 PM	LJ	G/ B	Two pits / Three Jumps / MMM=
	SP	B	Three Attempts / MMM=
	DISC	G	Three Attempts / MMM=
	HJ	G	Opening Height
7:00 PM	SP	B	Three Attempts / MMM=
	DISC	G	Three Attempts / MMM=
	HJ	B	Opening Height
	DISC	B	
RUNNING			All Events Section Vs Time Finals - Defined Schedule after Entry Deadline Listed above
5:30 PM	100		
	100 / 110 Hurdles		
	400		
	4x800 Relay		
	4x100 Relay		
	Mile		
	4x200 Relay		
	800		
	200		
	3200		
	4x400 Relay		