

Knoxville Youth Athletics (for "meet place standards" please see below)

2018 Summer Competitive Track and Field Time Qualifying Standards (marks set 6/23/17 – 6/9/18)

Sprints		Girls							Boys						
Age (min 7)	8 &U	9-10	11-12	13-14	15-16	17-18	8 &U	9-10	11-12	13-14	15-16	17-18			
100m Dash	18.3	16.4	15.5	14.4	13.4	13.4	17.2	15.9	14.9	13.0	11.9	11.7			
200m Dash	37.2	34.5	32.8	29.1	27.5	27.5	34.8	33.4	30.8	27.3	23.9	23.5			
400m Dash	1:27	1:25	1:16.8	1:08.8	1:05.0	1:03.0	1:23.2	1:21.5	1:13.5	1:06	54.9	53.8			
80m Hurdles			18.2						17.8						
100m Hurdles				20.1	18	17.7				18.6					
110m Hurdles											18.4	17.4			
200m Hurdles					36.8					32					
300m Hurdles						1:06.5	1:03.3				55.2	51.1			
Distance		Girls							Boys						
Age (min 7)	8 &U	9-10	11-12	13-14	15-16	17-18	8 &U	9-10	11-12	13-14	15-16	17-18			
800m	3:50	3:30	3:23	2:50	2:44	2:39	3:44.8	3:12	2:55	2:38	2:16	2:09			
1500m		6:52	6:32	5:52	5:40	5:40		6:35	6:11	5:33	4:48	4:42			
1600m		7:19	6:58	6:15	6:03	6:03		7:01	6:36	5:55	5:07	5:05			
3000m			13:32	13:02	12:56	12:56			13:24	12:24	10:42	10:42			
3200m			14:26	13:54	13:48	13:48			14:18	13:14	11:15	11:15			
Jumps		Girls							Boys						
Age (min 7)	8 &U	9-10	11-12	13-14	15-16	17-18	8 &U	9-10	11-12	13-14	15-16	17-18			
High Jump		3' 0"	3' 4"	3' 8"	4' 4"	4' 8"		3' 2"	3' 8"	4' 2"	5' 2"	5' 8"			
Long Jump	6'10"	8' 11"	9' 6"	12' 9"	14' 4"	15' 2"	7'9"	9'7"	11' 5"	13' 0"	17' 9"	18' 9"			
Triple Jump				26' 9"	29' 4"	29' 4"				29' 4"	35' 0"	37' 8"			
Throws		Girls							Boys						
Age (min 7)	8 &U	9-10	11-12	13-14	15-16	17-18	8 &U	9-10	11-12	13-14	15-16	17-18			
Shot Put (4 lbs)	11'						16'2"								
Shot Put (6 lbs)		13' 0"	16' 1"	23' 7"				13' 11"	16' 3"						
Shot Put (4 kg)					27' 9"	27' 9"				27' 10"					
Shot Put 12bs											28' 4"	37' 9"			
Discus Throw (1 kg)			40' 10"	53' 7"	79' 1"	74' 4"			38' 6"	70' 0"					

