

Footlocker South Regional Championships

Competition Date: November 24, 2018 / McAlpine Greenway Park – Charlotte, NC.

Travel Date: November 23, 2018

Athlete Check In: For those athletes not traveling with the team you must be at the Knoxville Youth Athletics team tent no later than 1.5 hours prior to your scheduled event. NO EXCEPTIONS. You will receive bib number at our tent. Knoxville Youth Athletics will pick up all competitors packets and will have them available either at the meet site or at the team meeting at our hotel Friday night 8:30 PM.

KYA Team Tent: The KYA Team Tent will be located (if we get our tent set up early enough) across from the finish chute to the right as you are coming off the pedestrian bridge. Once you have checked in you will be required to stay at the staging tent until you warm up. We will do our best to make sure that you get to the starting line with other athletes from KYA in your race. Parents do not leave the race venue with your children. There will be over 3000 athletes competing in this event and we cannot spend time tracking you down in during the meet. If you choose to do so it will be your responsibility to warm up and check your child into the event.

KYA Uniform:

Please make sure that you wear your KYA jersey. Uniforms need to have been ordered during the first week of practice. Deadline for order is 11/13/18. If you have registered and paid for the KYA Post Season Program the jersey is included in the cost of the program.

Team Travel

***** It is highly encouraged that you travel and stay with the team. Team Coaches traveling with KYA have a combined 40 years of experience competing on the McCalpine Greenway Course. It is logistically easier for us to manage the team if we are all together *** you must sign up for and pay for team travel online at the following link: <https://goo.gl/forms/c6RJAWW2DUjgzLzB3>**

Itinerary:

11/23/18

8:00 AM – Depart Ingles Parking Lot – Karns – DO NOT BE LATE

1:30 PM – Arrive in Charlotte (will stop to eat enroot) – we will go directly to the meet HQ, pick up our packets and change into our running clothes

2:30-4:30 PM – Arrive at McAlpine park to set up team area and to stretch / do course jog.

5:00 PM – Check into Hotel – clean up

6:45 PM – Team dinner

8:30 PM – Team meeting at hotel

9:30 PM – In Rooms

11/24/18

Bus shuttle to course will be posted in hotel lobby – all athletes will be checked out of the hotel by 11 AM. We will return to Knoxville after our last athlete has competed and team area packed up. Athletes will call parents when we are 1 hour out from the Ingles parking lot so parents can be at site when we arrive.

The KYA Team will be staying Friday night 11/23/18 at the:

Holiday Inn Express

9420 East Independence Blvd.

Matthews NC 28105 / Telephone Number 704.443.3100 / The Sales Office Fax Number 704.882.1411

***Parents Needing Rooms will need to sign up online at – they are on a first come first served basis. We will fill our allotment of rooms for coaches and athletes first with the remaining rooms offered up for parents. Final notification of rooms will be made via email on 11/20/18 ***

Parent Room Sign Up - <https://goo.gl/forms/MVWzKAYZW6DQUFnN2>

Travel Cost – (Bus and Hotel) -\$90.00 per athlete – please **you MUST pay online** at the following link:

https://events.com/r/en_US/registration/kya-post-season-xc-program---footlocker-hoteltravel-charlotte-november-745986

All fees are due ONLINE before the Hoka Postal Nationals on 11/16/18

Other Costs - Meals for 2 days - there will be a Team Dinner Friday night (11/23/18) location TBD.

Entry Fee - \$ 20.00 made out to Footlocker Cross Country. You must fill out an entry blank which can be downloaded from our website. All entry forms and entry fees must be either mailed to PO Box 7204 / Knoxville, TN 37921 – or delivered in person @ Hoka Postal Nationals) no later than 11/16/18.

Sample Completed Entry Form: <http://knoxvilleyouthathletics.org/wp-content/uploads/2018/10/FLS-Entry-Form-and-Inst-Completed.pdf>

Blank Form: <http://knoxvilleyouthathletics.org/wp-content/uploads/2018/10/Blank-FLS-Entry-Form-and-Inst.pdf>

** If you have already sent in your entry – or registered online please notify Marty Sonnenfeldt via email– this so that we can have your packets separated for pickup when the team arrives in Charlotte
Please remember to bring your Team Tennessee Uniform, competition and training shoes, warm-ups and extra socks. **While on the trip you are to maintain exemplary behavior – failure to do so will result in you being sent home at your parent’s expense**

For further Information please contact: Marty Sonnenfeldt at 865-304-8381 or knoxvilleyouthathletics@gmail.com