

AAU Southeastern District Cross Country Championships

Competition Date: November 10, 2018 / Victor Ashe Park

KYA Athlete Check In:

11/10/18: Meet at the KYA team area no later than 1.5 hours prior to your scheduled event. NO EXCEPTIONS. You will receive your bib number in our team area, look for KYA tent and banner. We will try to set up next to the large picnic shelter. Please remember to bring your KYA Uniform, competition and training shoes, warm-ups and extra socks. Once at the tent please remain in the KYA area till coaches take you out for warm-ups.

KYA Uniform: Athletes should wear the KYA Uniform.

Meet Entry: All KYA Athletes who wish to compete must sign up online by no later than 11/8/18 in order to compete. Sign up link below:

<https://goo.gl/forms/Waei2zrwf7EY4FM63>

Entry Fee - \$20.00 per athlete. The meet entry fee is due no later than 11/8/18. **All entry fees MUST be paid online at the link below.** We will not enter an athlete without meet entry fees.

https://events.com/r/en_US/registration/kya-post-season-xc-program---seaau-district-xc-championships---knoxville-knoxville-november-745984

Athlete Birth Year Divisions and Races

6 & Under Boys & Girls Born 2012 & After 1000 meters (1K)

7-8 Year Old Boys & Girls Born 2010 & 2011 2000 meters (2K)

9-10 Year Old Boys & Girls Born 2008 & 2009 3000 meters (3K)

11-12 Year Old Boys & Girls Born 2006 & 2007 3000 meters (3K)

13-14 Year Old Boys & Girls Born 2004 & 2005 4000 meters (4K)

15-18 Year Old Men & Women Born 2000 - 2003 5000 meters (5K)

Meet Info / Schedule:

<https://knoxvilleyouthathletics.org/aausoutheastern-district-cc-championships/>

For further Information please contact: Brent Smith at (865) 414-3724 or kyacoachbrent@gmail.com