

ETSU Track & Field Invitational

Time Schedule

****January 11-12, 2019 ****

Friday, January 11 – Running and Field Event Schedule

8:45 am	W Weight Throw Trials & Final (Minimum Measure 12.75)
10:15	W 60 Meter Hurdle Prelims (Top 8 Times Advance to a Two Section Final/5 Heats)
10:45	M 60 Meter Hurdle Prelims (Top 8 Times Advance to a Two Section Final/4 Heats)
11:00	W Triple Jump Trials & Final (Minimum Measure 10.00)
11:10	W 400 Meter Dash Prelims (Top 8 Times Advance to a Two Section Final/7-8 Heats)
11:45	M 400 Meter Dash Prelims (Top 8 Times Advance to a Two Section Final/10 Heats)
12:00pm	M Pole vault Final (Opening Height 3.50)
12:30	W 60 Meter Dash Prelims (Top 8 Times Advance to a Two Section Final/14 Heats)
1:00	M 60 Meter Dash Prelims (Top 8 Times Advance to a Two Section Final/11 Heats)
1:00	W High Jump Final (Opening Height 1.50)
	M Weight Throw Trials & Final (Minimum Measure 12.75)
2:00	M Triple Jump Trials & Final (Minimum Measure 13.20)
2:15	W 800 Meter Run (5-6 Sections)
2:45	M 800 Meter Run (5 Sections)
3:15	W 200 Meter Dash Prelims (Top 8 Times Advance to a Two Section Final/ 15-18 Heats)
4:00	M 200 Meter Dash Prelims (Top 8 Times Advance to a Two Section Final/14 Heats)
4:00	HS Boys Shot Put Trials & Finals
	HS Girls High Jump Final
	HS Girls Pole Vault Final
4:30	HS Girls Triple Jump Trials & Final
4:45	W 5000 Meter Run (1 Section)
5:15	M 5000 Meter Run (1 Section)
5:45	HS Girls Shot Put Trials & Final
	HS Girls Distance Medley Relay (1 Section)
6:00	HS Boys Triple Jump Trials & Final
6:05	HS Boys Distance Medley Relay (1 Section)
6:25	HS Girls 200 Meter Dash Prelims (Heats)
6:45	HS Boys 200 Meter Dash Prelims (Heats)

Saturday, January 12 - Running And Field Event Schedule

8:00 am	HS Girls 2 Mile Run Final (1 Section)
	HS Girls Long Jump Trials & Final
8:18	HS Boys 2 Mile Run Final (1 Section)
8:35	W 3000m Run (2-3 Sections)
8:45	HS Boys Weight Throw Trials & Final
9:15	M 3000m Run (2-3 Sections)
9:53	HS Girls Mile Run Final (3 Sections)
TBD	HS Boys Long Jump Trials & Final
10:23	HS Boys Mile Run Final (5 Sections)
10:49	W Mile Run (3-4 Sections)
11:00	HS Girls Weight Throw Trials and Finals
11:25	M Mile Run (3-4 Sections)

12:00pm ***HS Girls 800 Meter Run Final (4 Sections)***
M Long Jump Trials & Final (Minimum Measure 6.30)
W Pole Vault Final (Opening Height 2.50)

12:18 ***HS Boys 800 Meter Run (6 Sections)***

12:45 ***HS Girls 60 Meter Hurdle Prelims (Heats)***
1:00 M High Jump Final (Opening Height 1.80)
M Shot Put Trials & Final (Minimum Measure 12.20)

1:00 ***HS Boys 60 Meter Hurdle Prelims (Heats)***

1:15 ***HS Girls 60 Meter Dash Prelims (Heats)***

1:35 ***HS Boys 60 Meter Dash Prelims (Heats)***

2:00 ***HS Girls 400 Meter Dash Final (Sections vs Time)***

2:20 ***HS Boys 400 Meter Dash Final (Sections vs Time)***
2:55 W 400 Meter Dash Final (2 Sections)

3:00 W Long Jump Trials & Final (Minimum Measure 5.10)

3:03 M 400 Meter Dash Final (2 Sections)

3:10 ***HS Girls 60 Meter Dash Final (1 Section)***

3:15 ***HS Boys 60 Meter Dash Final (1 Section)***
3:20 W 60 Meter Dash Final (2 Sections)

3:28 M 60 Meter Dash Final (2 Sections)

3:30 ***HS Boys Pole Vault***

3:45 ***HS Girls 60 Meter Hurdle Final (1 Section)***
3:50 W 60 Meter Hurdle Final (2 Sections)

4:05 ***HS Boys 60 Meter Hurdle Final (1 Section)***
4:15 M 60 Meter Hurdles Final (2 Sections)

4:25 ***HS Girls 200 Meter Dash (1 Section)***

4:30 ***HS Boys 200 Meter Dash (1 Section)***
W Shot Put Trials & Final (Minimum Measure 10.70)
HS Boys High Jump Final

4:35 W 200 Meter Dash Final (2 Sections)

4:42 M 200 Meter Dash Final (2 Sections)

4:55 W Distance Medley Relay (1 Section)

5:10 M Distance Medley Relay (1 Section)

5:30 W 4 x 400 Meter Relay Final (4-5 Sections vs Time)

5:50 M 4 x 400 Meter Relay Final (4-5 Sections vs Time)

6:10 ***HS Girls 4 x 400 Meter Relay (Sections vs Time)***

6:20 ***HS Boys 4 x 400 Meter Relay (Sections vs Time)***

As of 1/9/19