

AAU Southeastern District Cross Country Championships

Competition Date: November 9, 2019 / Victor Ashe Park

KYA Athlete Check In:

11/9/19: Meet at the KYA team area no later than 1.5 hours prior to your scheduled event. NO EXCEPTIONS. You will receive your bib number in our team area, look for KYA tent and banner. We will try to set up next to the large picnic shelter. Please remember to bring your KYA Uniform, competition and training shoes, warm-ups and extra socks. Once at the tent please remain in the KYA area till coaches take you out for warm-ups.

KYA Uniform: Athletes should wear the KYA Uniform.

Entry Fee - \$20.00 per athlete. The meet entry fee is due no later than 11/7/19. **All entry fees MUST be paid online at the link below.** We will not enter an athlete without meet entry fees.

https://events.com/r/en_US/registration/kya-post-season-xc-program---seaau-district-xc-championships---knoxville-knoxville-november-771075

Athlete Birth Year Divisions and Races

6 & Under Boys & Girls: Born 2013 & After – 1000 meters (1K)
7-8 Year Old Boys & Girls: Born 2011 & 2012 – 2000 meters (2K)
9-10 Year Old Boys & Girls: Born 2009 & 2010 – 3000 meters (3K)
11-12 Year Old Boys & Girls: Born 2007 & 2008 – 3000 meters (3K)
13-14 Year Old Boys & Girls: Born 2005 & 2006 – 4000 meters (4K)
15-18 Year Old Men & Women: Born 2001 – 2004 – 5000 meters (5K)

Meet Info / Schedule:

<https://knoxvilleyouthathletics.org/aausoutheastern-district-cc-championships/>

For further Information please contact: Brent Smith at (865) 414-3724 or kyacoachbrent@gmail.com