



Tennessee HS Indoor State Championships

Coaches Information

ETSU/MHSA Athletics Center - 1081 John Robert Bell Dr, Johnson City, TN 37601

Key Links

Revised Schedule: <https://knoxvilleyouthathletics.org/wp-content/uploads/2022/02/2022-Tennessee-State-Revised-Schedule.pdf>

Performance List (as of 2/3): <https://knoxvilleyouthathletics.org/wp-content/uploads/2022/02/2022-Tennessee-State-Performance-List2.pdf>

Live Results: <https://live.timinginc.com/meets/12555>

Live Webcast : https://tennessee-indoor-state-championships.runnerspace.com/eprofile.php?event_id=13580&do=videos&video_id=315535

Store for Spectator Passes/Apparel: <https://knoxvilleyouthathletics.squarespace.com/>

Parking: Free on Sunday – Please park in parking garage on the West end of the Dome or in open lot behind Knights Pizza. Walk up ramp to enter.

Gate Fee: \$10 Pre-Order. \$12 on Sunday online or at the front door.

Teams and Unattached athletes will be issued a coaches band based off the following ratio:

1-6 athletes = 1 Coaches Band

7-12 athletes = 2 Coaches Bands

13-18 athletes = 3 Coaches Bands

19-24 athletes = 4 Coaches Bands

25+ athletes = 5 Coaches Bands

Packet Pickup: On the West Side in the Concession Stand in the front lobby. You can settle up any remaining fees as well as pickup apparel pre-ordered or purchase remaining apparel.

Event Check-In: Check in Procedure: All Track athletes must be checked in 1 hour before their event start time and must return when instructed or you WILL be scratched! All Field athletes will check in at

their event site 45 minutes prior to the start of their event. Recommended that your running event athletes or their coach checks in athletes as soon as they arrive and know they are racing a particular event.

Weight Check-In: We hope to have a weight check-in procedure for you Saturday. We are having to replace an official due to illness. Meet host will also have implements available for use as well.

Awards: Awards will go to 6 places and will be recognized at the awards stand. Winning teams will also receive a state championship banner to hang at their school.

Medical: ETSU Trainers and Washington Co EMS will be providing medical services. Not going to provide pre-wrap services.

Coaches Boxes: There will be coaches boxes at High Jump/Pole Vault/Long and Triple Jump. Please limit traffic between events as there are several field events in progress during the meet.

Warm Up Area: There is a warm up area on the South end of the infield as well as on the mezzanine level above the 200 start line.

Vertical Event Progressions:

In an effort to improve the likelihood of athletes qualifying for national meets, the progressions have been set to reach those marks instead of having to clear an attempt 3-5 inches above the qualifying mark.

Girls PV Height Progression:

2.23 (7'3.5)
2.38 (7'9.5)
2.53 (8'3.5)
2.68 (8'9.5)
2.83 (9'3.25)
2.98 (9'9.25)
3.13 (10'3.25)
3.28 (10'9)
3.43 (11'3) *** New Balance EE Nationals Qualifier ***
3.55 (11'7.75)
3.65 (11'11.5) *** New Balance Championship Qualifier ***
+10cm...

Boys PV Height progression

2.32 – (7' 7.25")
2.47 – (8' 1.25")
2.62 – (8' 7")
2.77 – (9' 1")
2.92 – (9' 7")
3.07 – (10' 0.75")
3.22 – (10' 6.75")
3.37 – (11' 0.75")

3.52 – (11' 6.5")
3.67 – (12' 0.5")
3.82 – (12' 6.25")
3.97 – (13' 0.25")
4.12 – (13' 6.25")
4.27 – (14' 0") (Nike EE Nationals Qualifier)
4.42 – (14' 6") (New Balance EE Nationals Qualifier)
4.57 – (15' 0") (New Balance/Nike Championship Qualifier)
4.72 – (15' 5.75")

Girls HJ Height Progression:

1.33 – 4-4.25
1.38 – 4-6.25
1.43 – 4-8.25
1.48 – 4-10.25
1.53 – 5-0.25
1.58 – 5-2.25
1.63 – 5-4.25
1.68 – 5-6
1.71 – 5-7.25
1.74 – 5-8.50

Boys HJ Height Progression:

1.53 – 5-0.25
1.58 – 5-2.25
1.63 – 5-4.25
1.68 – 5-6
1.73 – 5-8
1.78 – 5-10
1.83 – 6-0
1.88 – 6-2 (Nike Nationals EE Qualifier)
1.93 – 6-4 (New Balance EE Nationals Qualifier)
1.96 – 6-5 (New Balance/Nike Championship Qualifier)
1.99 – 6-6.25