



PARENTS INFORMATION SHEET

2026 KNOXVILLE YOUTH ATHLETICS SUMMER TRACK AND FIELD PROGRAM

Thank you for selecting the Knoxville Youth Athletics Program as one of your child's summer activities. We hope that it will be a positive experience for all involved. Our goal for the program is to teach the basic skills most prevalent in the sport of track and field: Running / Jumping / Throwing, with an emphasis on fun and fitness. We encourage parents to get involved at their sites as volunteers and we appreciate any feedback you can give us that will improve our program. **PLEASE READ** the information flyer carefully. It should take care of most of the questions you might have on the mechanics of the Youth Athletics Program. If we can be of any further assistance, please do not hesitate to call our **Program Hotline telephone number: 865-414-3724**.

PRACTICES:

1. Practices are held each Tuesday and Thursday evenings from 6:30-8:00 PM (unless otherwise noted). Please try to be on time so that we will have enough time to devote to practice. The first practice is Tuesday 6/2/26 and the last practice is Thursday 6/25/26. You must practice at the site you registered for.
2. Practices are not mandatory however the more you attend the more you learn.
3. Practice cancellation due to inclement weather will be handled by each individual site director **"At the Site"**. Please do not call the hotline number since we are not able to ascertain the weather at all the sites.
4. Make sure you bring proper fluids for your child to practice, water is preferable during practice.
5. Children at practice will be separated into birth-year practice groups depending on the number of kids at a site.

PROGRAM T-SHIRTS:

1. Program T-shirts will be available for distribution at your site **Tuesday, June 23**. **Sizes are strictly based on what you requested on your registration form, size exchanges are not be possible.**
2. If you were not able to pick up your shirt by the end of the program you may email kyacoachbrent@gmail.com and arrange for a pick-up. We do partner with local running stores for these pick-ups. T-Shirts will be available at the Fleet Feet starting June 31st. After July 18, all remaining shirts will be donated to charity.
3. If you wish to purchase additional shirts they may be ordered at the end of the program at \$10.00 / shirt by calling the hotline number or using the same email.

SATURDAY TRACK MEETS:

***** If this is your first experience with attending a track meet please recognize that track meets are run differently than any other sporting activity you have been involved with in the past. Unlike basketball / soccer / baseball / football games which have defined time or period limits, a track meets duration is based on numbers of participants and events. Since we cannot always determine the number of children participating in the meet from week to week the length of the meet may vary. We ask for your understanding and patience in this matter. Track Meets also have field events and running events occurring simultaneously. This means that in some cases because of event order you may have to be more selective in the event choices for your child. *****

1. **Location:** Each Saturday from 8:30 AM to 1:00 PM (depending on the number of participants) all sites will gather for a track meet at the following sites:

Date	Site
6/6/26	Karns HS
6/12/26	Hardin Valley Academy
6/20/26	South-Doyle HS
6/27/26	TBD

Birth Year Age Groups / Events Contested / Event Maximums			
Age Group Name	Age	Events Contested	Maximum # of Events
Pre - Primary	5-6	50 / 100 / long jump / 4x100	3
Primary	7-8	All Except - 3000, High Jump, and Discus	3
Bantam	9-10	All Events	3
Midget	11-12	All Events	4
Youth	13-14	All Events	4
Intermediate	15-16	All Events	4
Young Men / Women	17-18	All Events	4

Meet Date	Order of Events	
	Running Events	Field Events
6/6/26 Karns HS	1500 / Hurdles / 50 / 100 / 800 / Parent Event / 200 / 4x100 / 400	Long Jump / Shot Put / High Jump / Discus
6/12/26 Hardin Valley Academy	3000 / Hurdles / 50 / 100 / 400 / Parent Event / 200 / 4x100	Long Jump / Discus / High Jump / Shot Put (Turbo Javelin)
6/20/26 South Doyle HS	1500 / Hurdles / 50 / 100 / 800 / Parent Event / 200 / 4x100	Long Jump / Shot Put / High Jump / Discus
6/27/26 TBD	3000 / Hurdles / 50 / 100 / 400 / Parent Event / 200 / 4x100	Long Jump / Discus / High Jump / Shot Put

5. Awards:

Awards (Ribbons) will be awarded at the finish line for all running events and at the field event venue after the conclusion of each field event.

6. Event Entry / Check-In:

Parents and/or site directors may choose the events, which each child will enter, keeping in mind the maximum number of events allowed by age group. Check-In for field events will occur at the field event venue. Running event check in will occur directly behind the starting line of each race.

7. Track Access / Safety:

We encourage parents to support their children's efforts at the meet, however for safety purposes we must require the parents to remain outside the track area during running events and to keep the field event venues (long jump in particular) clear at all times. This will allow our officials to run the meet more efficiently. We understand the need to escort the Pre-Primary and Primary's to their events. However, once they have signed up please return to a viewing area outside of the field event venue. **PLEASE DO NOT CROSS THE INFIELD WHEN TRYING TO REACH THE OPPOSITE SIDE OF THE TRACK!**

8. Rest Rooms: - There are rest rooms available at each track and supplemented with porta-johns as needed.

9. Meet Cancellations: Meet cancellations will be handled at the meet site by the program director, so plan on coming rain or shine. **Please do not call the hotline for meet cancellations.**

KNOXVILLE YOUTH ATHLETICS COMPETITIVE TEAM

In addition to the Knoxville Youth Athletics Program the Knoxville Youth Athletics offers all an opportunity to qualify for our Competitive Team which competes on a Regional and National basis. To qualify you must meet certain time and /or distance standards, which have been set up according to birth year. Please see the competitive team standards for reference. These qualifying marks can be recorded in a verifiable meet between June 28, 2025 and June 6, 2026 these include, any Knox Co Elementary School, Middle School or High School meet or at the first track meets of the program 6/6. Verification of these marks will be sufficient for participation in the Competitive Team Program. The Competitive Team site is located at West High School (Knoxville) and practices are Monday-Friday 6:30-8:30 PM. Additional charges apply for this program. For further information call Competitive Team Administrator Brent Smith @ (865) 414-3724 / kyacoachbrent@gmail.com -